

MINI-MENTAL STATE EXAMINATION

Patient _____
Examiner _____ Date _____

MAXIMUM SCORE	SCORE	
5	()	ORIENTATION: What is the (year) (season) (date) (day) (month)?
5	()	Where are we: (state) (county) (town) (hospital) (floor)?
3	()	REGISTRATION Name 3 Objects: 1 second to say each. Then ask the patient all 3 after you have said them. Give 1 point for each correct answer. Then repeat them until he learns all 3. Count trials and record. Trials: _____
5	()	ATTENTION AND CALCULATION Serial 7's. 1 point for each correct. Stop after 5 answers. Alternatively spell "world" backwards
3	()	RECALL Ask for the 3 objects repeated above. Give 1 point for each correct.
9	()	LANGUAGE Name a pencil and watch (2 point) Repeat the following "no ifs, ands, or buts". (1 point) Follow a stage command: "Take a paper in you right hand, fold it half, and put it on the floor." (3 points) Read and obey the following: Close your eyes (1 point) Write a sentence (1 point) Copy a design (1 point)

TOTAL SCORE _____
ASSESS LEVEL OF CONSCIOUSNESS ALONG A CONTINUUM

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INSTRUCTIONS FOR ADMINISTRATION OF MINI-MENTAL STATE EXAMINATION

ORIENTATION:

1. Ask for the date. Then ask specifically for part omitted (e.g., "Can you also tell me what season it is"?). 1 point for each correct.
2. Ask in turn "Can you tell me the name of this hospital?" (town, country, etc.). 1 point for each correct.

REGISTRATION:

1. Ask the patient if you may test his memory. Then say the name of 3 unrelated objects, clearly and slowly, about 1 second for each. After having said all 3, ask him to repeat them. This first repetition determines his score (0-3), but keep saying them until he can repeat all 3, up to 6 trials. If he does not eventually learn all 3, recall cannot be meaningfully tested.

ATTENTION AND CALCULATION:

1. As the patient to begin with 100 and count backwards by 7. Stop after 5 subtractions (93, 86, 79, 72, 65). Score the total number of correct answers.
2. If the patient cannot or will not perform this task, ask him to spell the word "world" backwards. The score is the number of letters in correct order (e.g., DLROW = 5, DLORW = 3).

RECALL

1. Ask the patient if he can recall the 3 words you previously asked him to remember. Score 0-3.

LANGUAGE:

1. Naming: Show the patient a wrist watch and ask him what it is. Repeat for pencil. Score 0-2.
2. Repetition: Ask the patient to repeat the sentence after you. Allow only one trial. Score 0 or 1.
3. 3 stage command: Give the patient a piece of plain blank paper and repeat the command. Score 1 point for each part correctly executed.
4. Reading: On a blank piece of paper, print the sentence "Close your eyes" in letters large enough for the patient to see clearly. Ask him to read it and do what it says. Score 1 point only if he actually closes his eye.
5. Writing: Give the patient a blank piece of paper and ask him to write a sentence for you. Do not dictated a sentence, it is to be written spontaneously. It must contain subject and a verb and be sensible. Correct grammar and punctuation are not necessary.
6. Copying: On a clean piece of paper, draw intersecting pentagons, each side about an inch, and ask him to copy it exactly as it is. All 10 angles must be present and 2 must intersect to score 1 point. Tremor and rotation are ignored.

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